

A2M Sports Badminton Level Guidelines

Level	Forehand	Backhand	Serve/ Return	Volley/ Smash/Placement	Strategy
2	This player is just starting to play and has no other sports background. Minimal understanding of rules of the game				
2.5	This player has limited experience. Can sustain a short rally with players of equal ability. Basic ability to keep score.				
3	Ability to hit a high volley and medium paced shot. Lacks directional intent and consistency.	Avoids using backhand. Lacks directional intent and consistency.	Can do a High Serve. Struggles with Short Serve.	Can sustain a rally a few times. Foot work needs to be better. Smash with forehand with medium pace. No backhand smash.	Tries to keep rally going and return the birdie to the other court.
3.5	Improved stroke development with moderate level of shot control.	Learning stroke form and starting to develop consistency but will avoid if possible	Can do a short and high serve, though not consistent.	Can sustain a rally with decent foot work. Can smash with forehand with medium to hard pace. Can do backhand smash but not consistent. Can place birdie well, but not consistent	Tries to push the oponents to the back of the court and be ready to attack.
4	Consistently hits with depth and control. Is still perfecting shot selection and timing	Has improved stroke mechanics and has moderate success at hitting a backhand consistently.	Can do short and high serves and varying depth and speed.	Utilizes full court to control rallies. Can smash hard and can place well with both forehand and backhand.	Understands own strength and opponents weakness. Places the birdie in difficult spots and tries to keep the opponents in check
4.5	High level of consistency. Uses pace and depth to generate opponents' error or set up next shot.	Can effectively direct the birdie with varying depth and paces with good consistency	Good at trick serves and knows what to expect from opponent	High power and very controlled smashes. Can do deceptive shots. Good placements with both forehand and backhand.	Can change the strategies based on opponents weakness. Controls own emotions and uses opponents emotions to control the play.
5	Hits all shot types at a high level of accuracy and consistency from both the forehand and backhand with control to set up offensive situations. Has developed good touch from all court positions. Has developed a very high level of variety, depth, and pace of serves.		Very tough to return thier serves. Knows how to send returns fast to the corners and the baseline aggressively.	Great power smashes. Can smash and return deceptive shots. Able to judge and guide flightpath/timing/return perfectly.	Mastered the strategies and can vary strategies and styles of play in competitive or tournament matches. Is successful at turning defensive shots into offensive shots. Easily and quickly adjusts style of play and game plan according to the opponent's strengths and weaknesses and court position. Rarely makes unforced errors
5.5	Pro Level players				